



NFL Players Team Up With Change Your Attitude, Change Your Life

August 15th, 2010
By Passaic Valley Today

The war is on again. The soldiers are in training waiting for the start of another season in the battle for the Super Bowl. Football players are modern warriors determined to win at any cost. However, for some NFL players, playing professional football is not the beginning and end of everything.

Starting in the month of August and continuing throughout football season, Change Your Attitude...Change Your Life is teaming up with the Insightful Player program to present incredible stories of inspiration and hope. Past and present NFL players, who have the desire to give back, share their life stories of self-perseverance, faith, and determination.

Change Your Attitude...Change Your Life is a weekly radio program that broadcasts every Sunday at 9 a.m. EST on New York's AM970 The Apple and on the worldwide web at www.am970theapple.com.

According to the show's producer and creator, Joan Herrmann, "These amazing stories are dramatic testimonials of how people can overcome great obstacles with hard work and a belief in oneself."

"People often think of football players as big, tough guys who are all about winning," said Herrmann. "Having had the opportunity to work with these men, I can say that they are all tough winners in every way that counts. They are gentle spirits with hearts of gold."

Host Pawel Szurek added, "The players that take part in the Insightful Player program have endured life's tragedies such as drug and alcohol addiction, gang involvement, reckless personal behavior, divorce, suicidal thoughts, poverty, life-threatening illness, physical limitations, and low self-esteem. They are using their celebrity status to raise awareness and to give hope to children and adults that anything can be overcome with faith and hard work."

The series kicks off Sunday, Aug. 15, with Super Bowl champion, New Orleans Saints player, Billy Miller, who overcame the temptations and pitfalls of fame to turn his life around. Other NFL players will be featured throughout the football season. Check cyacyl.com for players and dates.

For more information, visit cyacyl.com or insightfulplayer.com.

Pawel Szurek, the host of Change Your Attitude...Change Your Life, was recently featured on Fox news channels. He is a newspaper columnist, motivational speaker, and author of the newly



released CD, “Spiritual Contemplation, An Awakening of the Soul,” and the new book, “A New Day: 30 Day Spiritual Renewal.”

AM970 The Apple is a New York tri-state area all talk radio station. It is currently owned by Salem Communications, a leading US radio broadcaster, Internet content provider, and magazine book publisher.

Following is a list a players already scheduled to appear: Kevin Reilly, former Dolphins, Eagles, and Patriots player and Eagles pre- and post-game radio host; Rocky Boiman, NFL free agent, Cowboys, Colts, Titans, Eagles, Chiefs and Steelers; Jason Brown, St. Louis Rams; Rashied Davis, Chicago Bears; Heath Evans, New Orleans Saints; Antonio Garay, San Diego Chargers; Reggie Kelly, Cincinnati Bengals; Karl Mecklenberg, former Broncos player; Montel Owens, Jacksonville Jaguars; Gerome Sapp, NFL free agent, Ravens, Colts; Ben Utecht, NFL free agent, Colts, Bengals; Damian Vaughn, Buccaneers, Bengals; Blaise Winter, Colts, Packers, Chargers; and Usama Young, New Orleans Saints.



Chrissy Carew, MCC
Founder and Head Coach
Insightful Player, LLC
Voice: 603-897-0610 | Fax: 603-897-0611
Email: CoachCarew@aol.com
Web site: www.insightfulplayer.com