



## Sharing His Story (Montell Owens)

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By Ryan Robinson, Jaguars Forum

Jaguars fullback and special teams standout Montell Owens shared his story of perseverance and overcoming all obstacles to reach the NFL with Insightfulplayer.com.

Owens is one of 22 current and former NFL players, including Hall of Fame quarterback Roger Staubach, featured on the site. Insightful Player is a movement of hope for the youth of America and was designed as an educational resource to encourage young people.

Insightful player is the creation of Chrissy Carew, Personal and Business Coach and Trainer based in Nashua, New Hampshire. Carew works with professional football players on how to maximize performance on and off the field.

Owens provides chilling details of watching his former college running back coach battle brain cancer during his sophomore season and how it impacted his career. Owens used his coach's death as motivation to maximize his time at Maine and eventually become one of the NFL's top special team's players.

Owens' story can be found here, <http://www.theinsightfulplayer.com/2010/03/10/montel-owens/>



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