



A terrific website, [InsightfulPlayer.com](http://InsightfulPlayer.com), features 30 current and former NFL players sharing their inspirational stories. Many of the players discuss obstacles they overcame, and how they relentlessly pursued their ultimate dream of a career in the NFL.

[Jarvis] Green is one of the players featured, and so is Patriots rookie Devin McCourty. Anyone can download a PDF copy of all the "Insightful Player" stories for free, and share them with friends and family.

"They're great gifts for people," Green said. "Just reading stories, you can come up with a good word or saying for the day, or just find inspirational words and gain encouragement from these stories. I really liked the concept."

Both McCourty and his twin brother Jason, who plays for the Titans, participated.

"I think it gives a chance for athletes to tell their story, and not just about sports," Devin McCourty said. "You get to talk about your life, and how you've prevailed through that. I think it's good for people to check out and read, and maybe draw some inspiration."

Former Patriots Steve Grogan and Steve Nelson are also among those sharing their stories, and providing messages of hope. . . .

**Karen Guregian** has been a member of the Boston Herald sports staff since 1984, covering the Patriots beat full-time for the past two seasons. A Chelmsford native and Northeastern grad, she followed the Bruins for eight seasons, has been a regular in the paper's Red Sox coverage and has covered nearly every major sporting event during her Herald career.